



City of Brunswick  
Recreation and Parks



# Lifeguarding Certification



Authorized Training Provider

American Red Cross  
Authorized Provider

## Who Can Apply:

- 15 years of age or old
- can pass swim test

## Benefits:

Knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide professional-level care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

## Two Options

March 4th-8th 2pm-9pm  
or  
April 1st-5th 12pm-7pm

\*Registration is Required



Certification Cost:

**\$180**